

RELEVANT EDUCATION

Please list related degrees, diplomas, post secondary or certificate courses, and workshops

Outline education in anatomy (courses/workshops taken)

List related certification eg. ACE AFAA etc. (please specify)

RELEVANT EXPERIENCE

Outline your teaching experience in the body movement, dance and/or fitness field

Outline your experience with Pilates

PERSONAL INFORMATION

Do you have any injuries, conditions or postural issues, including current or recent pregnancy, that may affect your performance during the course?

How did you hear about Pilates Academy International?

How do you plan to use your instructor training (how will you be applying your knowledge)?

*Please return application, 2 letters of recommendation and non-refundable deposit to:
Pilates Center of New York, 501 Fifth Ave., Suite 2200, NYC 10017.*